









	Name	Platform					Area of use											Notes		
		iOS App	Android App	Website/Online	Browser Feature	Other	Anxiety and Stress	Focus & Concentration	Notetaking	Reading & Research	Organisation	Writing	Social Interactions	Time Management	Motivation					
	Study Ambiance		✓																	
	Coffitivity	✓	✓																	
	Noisli			✓																
	Forest	✓	*																	
	Cold Turkey	✓	✓	✓																
	Clockwork Tomato		✓																	
	Focus Keeper	✓																		
	Tomato Helper (Alexa)					✓														

*not free in App Store

